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Dream Journal: Diary / Notebook For Your Dreams And Their Interpretations: Magical Moon Cover (Know Yourself Notebooks)



Synopsis

Dreams are precious gifts. They are windows to your innermost self and through them you can learn more about your subconscious feelings, increase your self-awareness, access your creativity and be guided by your inner wisdom. This dream journal helps you record your dreams and guides you in interpreting their significance with the help of prompting questions and checkboxes. Size: 7" x 10" (17.8 x 25.4 cm) - plenty of space to record your dreams and their interpretations Cover: perfect-bound paperback so the pages don't fall out Interior: - white paper - 124 pages - a spacious two-page spread for each dream: the first page is for recording the dream; the second page contains prompts and checkboxes that help you interpret your dream - space for 60 dreams - the pages are undated so you can write down your dreams any time More journals and notebooks by Keep Track Books: Keep Track Books brings you a variety of essential notebooks and journals - including dream journals with the same interior as this one, but with different cover designs. Please visit www.lusciousbooks.co.uk to find out more.

Book Information

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Customer Reviews

I am really enjoying this journal! it is well made, and I look forward to writing in it every morning. its a great idea to have one of these to look back on and contemplate your dreams.

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